ZINC PLUS ZMA

Amino Complex Blend



Bioactive Essential Trace Mineral

HEALTH BENEFITS*

Regulates Immune system, Prevents cellular damage, Supports body with essential minerals, Improves mental health and Enhances neural health.

MAIN PRODUCT FEATURES

Zinc plus ZMA is a combination of trace minerals, vitamins and aminoacids which has an overall effect on immune health, mental and neural health.

- Magnesium: Magnesium is necessary to synthesize proteins, DNA and RNA. It plays a role in our metabolism, and cells use magnesium to transport calcium and potassium ions across the cell walls.
 Healthy magnesium levels are key to nerve function, muscle contraction, heartbeat, and healthy bones.
- Vitamin B6: Vitamin B6 is essential for amino acid absorption, metabolism used by the nervous system.
 B6 is a significant helper with menopause and premenstrual syndrome (PMS) issues especially when combined with magnesium.
- Zinc Citrate: Zinc Citrate enhances immune health, essential for healthy sexual function and foundation for good overall health.
- Amino acids: L-tryptophan is essential for the human body. L-tryptophan performs important functions in the nervous system as a producer of messengers. It improves mood swings and depression.
 Tyrosine is called a non essential amino acid because it is produced in the human body. At times, body may not produce enough of this amino acid, then tyrosine supplements improve catecholamine neurotransmitters level in brain, which decreases due to stress.



SUGGESTED USE

Take 1 Capsule twice daily (with or after meals).

KEY INGREDIENT(S)

Magnesium (as Magnesium aspartate), Vitamin B6 (as Pyridoxine hydrochloride), Zinc (as Zinc Citrate), L-Tyrosine and L-Tryptophan

LIKELY USERS

People who like to maintain body mineral level and maintain healthy body.

OTHER IMPORTANT ISSUES

Studies show that if you boost your zinc intake at the very onset of a cold you have a better chance of reducing the severity and length of a cold.

^{*} These Statements have not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, Treat, Cure or prevent any disease.